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## Ramadan 1431 (Aug/Sept 2010)

Day	Ramadan	Aug/Sept	Stop Eating***	Fajr	Sunrise	Dhuhr	Asr1**/Asr2	Maghrib/Iftar	Isha
<b>10 days of Mercy</b>									
Wed	1*	8/11/10	4:34	4:39	6:02	1:02	4:54 / 5:58	8:01	9:26
Thu	2	8/12/10	4:35	4:40	6:03	1:02	4:53 / 5:57	8:00	9:25
Fri	3	8/13/10	4:36	4:41	6:04	1:02	4:53 / 5:56	7:58	9:23
Sat	4	8/14/10	4:38	4:43	6:05	1:02	4:52 / 5:55	7:57	9:21
Sun	5	8/15/10	4:39	4:44	6:06	1:02	4:51 / 5:54	7:56	9:19
Mon	6	8/16/10	4:40	4:45	6:07	1:01	4:51 / 5:53	7:54	9:18
Tue	7	8/17/10	4:42	4:47	6:08	1:01	4:50 / 5:52	7:53	9:16
Wed	8	8/18/10	4:43	4:48	6:09	1:01	4:49 / 5:51	7:51	9:14
Thu	9	8/19/10	4:44	4:49	6:10	1:01	4:49 / 5:50	7:50	9:12
Fri	10	8/20/10	4:46	4:51	6:11	1:01	4:48 / 5:49	7:48	9:11
<b>10 days of Forgiveness</b>									
Sat	11	8/21/10	4:47	4:52	6:12	1:00	4:47 / 5:48	7:47	9:09
Sun	12	8/22/10	4:48	4:53	6:13	1:00	4:46 / 5:47	7:45	9:07
Mon	13	8/23/10	4:49	4:54	6:14	1:00	4:46 / 5:46	7:44	9:05
Tue	14	8/24/10	4:51	4:56	6:15	1:00	4:45 / 5:45	7:42	9:03
Wed	15	8/25/10	4:52	4:57	6:16	12:59	4:44 / 5:43	7:41	9:02
Thu	16	8/26/10	4:53	4:58	6:17	12:59	4:43 / 5:42	7:39	9:00
Fri	17	8/27/10	4:55	5:00	6:18	12:59	4:42 / 5:41	7:38	8:58
Sat	18	8/28/10	4:56	5:01	6:19	12:58	4:41 / 5:40	7:36	8:56
Sun	19	8/29/10	4:57	5:02	6:20	12:58	4:40 / 5:39	7:35	8:54
Mon	20	8/30/10	4:58	5:03	6:21	12:58	4:40 / 5:38	7:33	8:52
<b>10 days of Emancipation</b>									
Tue	21	8/31/10	5:00	5:05	6:22	12:57	4:39 / 5:36	7:31	8:50
Wed	22	9/01/10	5:01	5:06	6:23	12:57	4:38 / 5:35	7:30	8:49
Thu	23	9/02/10	5:02	5:07	6:24	12:57	4:37 / 5:34	7:28	8:47
Fri	24	9/03/10	5:03	5:08	6:25	12:57	4:36 / 5:33	7:26	8:45
Sat	25	9/04/10	5:04	5:09	6:26	12:56	4:35 / 5:31	7:25	8:43
Sun	26	9/05/10	5:06	5:11	6:27	12:56	4:34 / 5:30	7:23	8:41
Mon	27	9/06/10	5:07	5:12	6:28	12:56	4:33 / 5:29	7:22	8:39
Tue	28	9/07/10	5:08	5:13	6:29	12:55	4:32 / 5:27	7:20	8:37
Wed	29	9/08/10	5:09	5:14	6:30	12:55	4:31 / 5:26	7:18	8:36
Thu	30	9/09/10	5:10	5:15	6:31	12:55	4:30 / 5:25	7:17	8:34

### Purpose of Fasting:

The month of Ramadan is not like any other month; its purpose is to rid man of those habits which he has accumulated throughout the rest of the year. It is a month that prepares man for the remaining eleven months by teaching him discipline and self control.

Thus, Allah has made some acts which are beloved to man, like eating, drinking and fulfilling one's desires, Haraam. If man can control these desires in this month, which are usually permissible for him, then he can surely control himself from other desires which are not permissible throughout the remaining months.

### Ramadan Hadith:

Days of Ramadan: The fishes in the sea seek forgiveness for those fasting until they break their fast. Allah decorates his Jannah everyday and says, "The time is near when my pious servants shall cast aside the great trials and come to me."  
(Ahmed)

Fasting: All good deeds are for the one who renders them, but fasting is exclusively for me (Allah). (Bukhari)

Suhoor (Sehri): - Verily, Allah and His Angels send mercy upon those who eat sehri. (Tabrani)  
- Eat Suhoor because in Suhoor lies barakah. (Mishkat)

Iftar: - The fasting person experiences 2 (occasions of) delight: at the time of iftar and at the time he will meet his lord. (Bukhari)

### Dua for Sehri

بِصَوْمِ غَدٍ نَوَيْتُ مِنْ شَهْرِ رَمَضَانَ

"Bi saumi ghadin nawaitu min shah ri Ramadan"  
"I intend to fast for Ramadan"

### Dua for Iftar

اللَّهُمَّ لَكَ صُمْتُ وَعَلَى رِزْقِكَ أَفْطَرْتُ

"Allahumma laka sumtu wa 'ala rizqika aftar tu"  
"Oh Allah, I have observed the fast for your sake, and I have opened my fast with sustenance provided by you."

Prayer Timings are for Paterson, NJ and vicinity [prayer timings taken from [islamicfinder.org](http://islamicfinder.org)]  
\*Start of Islamic Calendar is subject to moon sighting. Please consult your local Masjid and Ulama.  
\*\*Asr 1 is 1<sup>st</sup> Shadow, Asr 2 is 2<sup>nd</sup> Shadow based on Hanafi Madhab.  
\*\*\*Actual Stop Eating is when Fajr starts, but "stop eating" time is given as caution.